



GYMNASTICS

Come and Join Mamre Gymnastics

A recreation based program from
4 years – Year 6

We meet in the school hall every
Thursday after school at 3.30pm

\$140 per term

For bookings & payment for
Term 1 2020 please go to
www.trybooking.com/567405

* Bookings for Term 1 2020 open 1 Dec 2019

Children will learn gymnastic skills using all apparatus. Skills are taught progressively through circuits and other activities and assist in improving strength, flexibility, balance and coordination.

All in a positive, fun, safe environment!

Coaches are fully qualified

Children should wear comfortable, modest clothing suitable for
Gymnastics Training leotards are available from the coach.

